

Club Journal

March 2017

The magazine for all CIU members

75p

Members urged to make their voice heard at AGM



The Union's Annual Meeting takes place on Saturday, April 8

CIU members are being urged to ensure their club is represented at the Union's Annual Meeting which takes place in Blackpool next month.

The Annual Meeting is on Saturday, April 8 at the Norbreck Castle Hotel and the 26th CIU Beer & Trades Exhibition is happening the day before at the same venue.

"Conference Weekend is the most important time of the year for the Union and a great opportunity for all our clubs to come together to discuss and debate the key issues which matter to us," said Union President George Dawson CMD.

"As usual we have organised a full weekend of club-related activities with the Beer & Trades Show on Friday and the Dransfields CIU National Quiz Final on Saturday afternoon straight after the AGM.

"I would urge all clubs to make sure they're represented in Blackpool during Conference Weekend in order to give their members a say on the future of the Union."

The Beer & Trades Show has proven a very popular draw in the past two years and attendance figures are expected to increase once again.

The event takes place for the third successive year at the Norbreck Castle Hotel's huge Norcalympia venue.

Among the suppliers attending in 2017 are: Ace Furniture, Aon, Avensure, BOC, BT

Sport, CAMRA, Heineken, Dransfields, Red Tooth and Smart Energy.

The trade show gives club members a chance to get specialist business advice in an informal setting, as well as to enjoy free refreshments and fun activities.

Rounding off the weekend, immediately following the Annual Meeting, will be the Dransfields CIU National Quiz Final, where the winners and runners-up from each of the Regional Heats (completed in January and February) will compete for the prestigious trophy and £500 first prize.

As revealed last month, *Daily Mirror* Political Correspondent Paul Routledge will be the keynote speaker at the Annual Meeting.

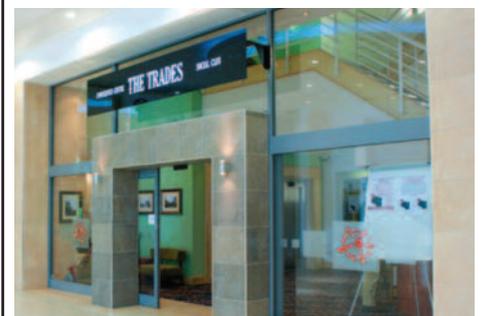
He said: "It's an honour and a privilege to be invited to the CIU gathering in Blackpool, where I've been many times as a Political Correspondent for different national newspapers.

"I'm a member of two clubs – the Empire and the Brookside in South Elmsall – and expect to have joined Skipton Working Men's Club by the time I arrive, so I am genuinely 'one of you.'

"It's a bit daunting to be 'the turn' in front of such a critical audience but I imagine the Chairman will call 'order' while I do my bit. I'm really looking forward to joining you in Blackpool on April 8."

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Club of the Month: Trades Club, Doncaster

The Trades Club, Doncaster is this month's Club of the Month.

In 2008, the club moved into a brand-new, purpose-built premises within the Frenchgate shopping centre and has not looked back since with over 1,800 members enjoying the spectacular 20,000 square foot premises.

As well as a large Lounge, the club has a Games Room, Concert Room and three bars, plus a number of Conference and meeting rooms which can be hired out.

Entertainment is also very important to the club with regular live music taking place throughout the month.

For the full article, see page 10.

EDITOR'S LETTER

Welcome to the March edition of *Club Journal*.

Firstly, congratulations to all the winning teams who recently took part in the Regional Heats of the Dransfields CIU National Quiz competition.

These victorious teams – Gosforth Empire (North East), Oaklands Park WMC (South East), Clarence Sports & Social 'A' (South Wales), Sydney Street WMC (Lancashire), Soothill WMC (Yorkshire) and Ashford Road Club, Swindon (Midlands) – each won £100 and will go through to the Final in Blackpool alongside the second and third-placed teams from each heat.

Many thanks to the clubs which hosted the Regional Heats, competition organisers Red Tooth Ltd and, of course, our sponsors Dransfields.

We look forward to a hard-fought final on Saturday, April 8 and don't forget that everyone is welcome to come along to this event which takes place straight after the AGM in the Norbreck Castle Hotel.

You can even put together a team to take

part in the quiz 'just for fun' and there will be some spot prizes available for teams not competing for the national title.

The Dransfields CIU National Quiz Final will be the last of our scheduled activities during Conference Weekend,

As well as the AGM, there is the Beer & Trades Exhibition to look forward to on the Friday afternoon, an event which covers the whole spectrum of club business in one really enjoyable afternoon.

Coming up later this month is the CIU's Residential Weekend in Coventry. At the time of going to press there are still places available so if you would like to take this great opportunity to learn more about running your club, please call Cath Fitzpatrick at Head Office on (0207) 7226 0221 or email her at: cfitzpatrick@wmciu.org.

The course costs £75 (VAT inclusive) and that fee includes full board, lectures on Club Law and Club Finance, student's folder, pad and course literature.

Back to this issue and on page 12 we have the first of a two-part feature written by



Steve Bridger of Galatai Ltd, which produces the Union's official website (www.wmciu.org.uk), on how your club can get online and ensure that it takes full advantage of the huge growth in mobile technology in order to drive business and increase membership.

I hope you enjoy the issue.

Stephen Goulding, Editor

CLUB JOURNAL

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Country 'n' Western Charity Night held in Hereford



The Richmond Place Club in Hereford recently held a charity Country Music event featuring the band Knoxville Highway which raised £500 for the Haven Breast Cancer Support Centre. Pictured, left to right: Sue Stoker, (Richmond Place Club), Mike Chandler (Haven Breast Cancer Support Centre), Les Walker (Richmond Place Club Secretary), Bill Evans (Richmond Place Club)

Service milestones are reached at Broseley Social Club



Four members of Broseley Social Club Committee in Shropshire have recently completed 115 years of service between them. Jack Haughey, Secretary of the West Midlands Branch of the CIU, presented the Distinguished Service Award to Secretary Dave Oakley and Long Service Awards (25 years) to Trustee and Entertainment Secretary Arthur Jones, Trustee Mike Garbett and Treasurer Dave Lloyd. Pictured, left to right: Mike Garbett, Dave Lloyd, Jack Haughey, Dave Oakley and Arthur Jones

Beechwood & Eastwood SC mourn founding member

Members of Beechwood & Eastwood Social Club in Middlesbrough are mourning one of their founding fathers, Denis Riley, who died in January at the age of 81.

Denis was one of the driving forces behind the club being established in 1973 to serve the local community in the Eastwood estate.

Denis' youngest son Paul Riley, 46, said without the fundraising by his dad and the other founder members, the club would never have been built.

"This actually got him and the others barred from the local pub, The Grove Hotel,

as they didn't want the competition!" he told the Middlesbrough Gazette.

"He continued to be a member all his life and was a Committee member for a great many years as well as Vice-President for a number of years.

"He was a prominent figure and character in the club throughout the 70s, 80s and 90s and still visited whenever he could in his later years."

Married to Audrey and a dad to six, as well as a grandad and great-grandad, Denis was well-known and respected in the area and will be much missed by everyone.

OBITUARY

Derek Fraiel

It is with much sadness that the members, Management Committee and Secretary of Brafield Working Men's Club have to report the passing of Mr Derek Fraiel.

He became a member of the club in 2000, after his own club (Yardley Hastings) unfortunately closed.

He had been President there for many years and on his move to Brafield WMC, continued his dedication to the CIU.

He was in the Committee at Brafield and was Vice-President for many years, doing all the usual jobs, calling bingo, selling tickets, etc.

He only retired from the Committee last year due to ill health. A good all-rounder. Many thanks Derek from us all and condolences to his wife Pat and family.



NEWS IN BRIEF

Yorkshire brewery Timothy Taylor launches first new core beer since 1952
Renowned Yorkshire brewery Timothy Taylor is launching the first new addition to its core range since 1952 later this month.

Knowle Spring Blonde is a 4.2% ABV ale which is named after the Knowle Spring on which the brewery sits, and from where they draw spring water for all their brews.

The new beer is described as a "full-bodied beer with floral and grapefruit aromas, spiced orange on the tongue followed by citrus hop flavours."

Robinsons Brewery and Iron Maiden unveil new look for Trooper beer
Robinsons Brewery have unveiled a new look for Trooper, the beer they created in tandem with Iron Maiden singer Bruce Dickinson.

The rebrand will be rolled out in March and will be accompanied by a full range of point-of-sale material.

NEWS IN BRIEF

Heineken extends Champions League sponsorship deal

Heineken has announced that it has extended its current agreement with UEFA to sponsor the UEFA Champions League for a further three years.

The new agreement will see Heineken continue as an official partner of the prestigious European club football competition until the end of the 2021 competition.

The partnership also includes the UEFA Super Cup which sees the Champions League winners taking on the Europa League winners.

Heineken's relationship with UEFA dates back to 1994, making it one of UEFA's longest standing partners.

The contract renewal encompasses LED pitchside boarding exposure as well as the rights to exclusive UEFA Champions League content, such as back stadium tours and the UEFA Champions League Trophy Tour.

Hans Erik Tuijt, Heineken's Global Sponsorship Director, said: "Heineken has enjoyed a long and successful partnership with UEFA for more than 20 years, and we look forward to continuing this."

This month will see the remaining teams in the 2016/17 Champions League competition battling it out for a place in the quarter-finals.

Arsenal, Leicester City and Manchester City all face Last 16, second leg ties during March, all of which will be shown on BT Sport.

For the full sports TV listings, see page 22-23.

Service Awards presented at Thomas Wilson WMC



Anthony Matthews of Ashington RAOB Club received his Certificate of Merit on Saturday, January 21. Pictured, left to right: Dave Richardson (Northumberland Branch Secretary), Anthony Matthews (Committee Member, Ashington RAOB Club) and Dennis Wheadon (No.2 Division Executive)

Dransfields CIU National Quiz Regional Heats staged



The Regional Heats of the Dransfields CIU National Quiz took place in January and February at various clubs across the country. Above: the winning team from Oatlands Park, Weybridge, pick up their prize cheque following the Regional Heat at Epsom Common WMC

CLUB NOTICES

Suspension

Mr Stephen Anderson - Empire WMC & Institute (12 months suspension from January 8, 2017)

Clubs Withdrawn

Lytchett & Upton WM Club (Wessex Branch)

Clubs Expelled (Proprietary)

Pontilnraith WM Social Club (Monmouthshire Branch)

Buy your own copy of *Club Journal* each month

Here's your chance to have your own personal copy of *Club Journal* delivered to the address of your choice each month for less than you'd pay for it at the club. Fill in the form below to obtain a year's supply of *Club Journal* for the special rate of £7.50, meaning that two of the 12 editions will be yours for free.

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Westborough Ratepayers WMC goes back to the '70s



Westborough Ratepayers WMC in Dewsbury was used as a key location for the new film *Funny Cow* starring (left to right): Maxine Peake, Vic Reeves, Richard Hawley and John Bishop

Westborough Ratepayers WMC in Dewsbury was taken back to the 1970s in January of this year when it became a film set for the day, with Maxine Peake and Alun Armstrong among the cast filming scenes on the day.

The film *Funny Cow* charts the rise to stardom of a stand-up comedienne in an all-male world during the 1970s and 1980s. It is set against the backdrop of working men's clubs and the stand-up comedy circuit in the North of England.

Other cast for the film includes: Paddy Considine, Stephen Graham, Vic Reeves, John Bishop and Tony Pitts (who also wrote the script). It is directed by BAFTA winner Adrian Shergold.

Filming has taken place throughout Yorkshire, and *Funny Cow* will feature at the Cannes Film Festival before release later in the year.

The production crew were in the club throughout the afternoon on a Monday dressing the stage and Concert Room to take it back some four decades.

They returned early Tuesday morning to dress the bar and make finishing touches before filming began.

On the day of filming, Bar Manager Malcolm Scott and Assistant Manager Peter Scott were on hand (and behind the scenes) throughout the day advising the production team and ensuring the club reopened on Tuesday night for the club's regular customers.

Despite the club being closed to members for the day of filming, the event proved to be a very popular attraction with passers-by stopping to take photos, and the club's Facebook page receiving 45 new page 'likes' and a massive 6,000 per cent increase in post views.

West Yorkshire Branch stalwarts receive 21-year Awards



Philip Larkin and Brian Davies received their 21-year awards for service to the West Yorkshire Branch in February. Pictured, left to right: Union General Secretary Kenneth D Green CMD, Union Vice-President John Tobin, West Yorkshire Branch President J Taylor, NEC Member Philip Larkin CMD, West Yorkshire Branch Committee Member Brian Davies and Union President George Dawson CMD



FOR SERVICE

50-Year Club Service Award

Michael Whitehead, Skegness Ex-Service Club, Doncaster

William Fothergill, Prudhoe Social Club, Northumberland

Certificate of Merit

Chris Chisholm, Hirst Progressive SC, Northumberland

Ian Cooke, Wallsend SC, Northumberland

Graham Smith, Wallsend SC, Northumberland

Long Service Award

Michael Coxon, Woolley Bridge WM Club, Manchester

Terence Tunmore CMD, Wallsend SC, Northumberland

Colin Murray, Hirst Progressive SC, Northumberland

Edward Whall, Coxlodge & Gosforth SC, Northumberland

John Skelton, Coxlodge & Gosforth SC, Northumberland

NEWS IN BRIEF

CIU clubs urged to enter 2017 Hospitality Social Media Awards

CIU clubs who are proving themselves adept at promoting themselves through the likes of Twitter and Facebook are being urged to enter the 2017 Hospitality Social Media Awards.

Now open for entries, the Awards applaud the use of social media to engage with members and the local community and drive business.

Last year's event recognised finalists from across the sector - from pubs and restaurants to social clubs.

More details can be found at www.hsma.biz or you can enter the 2017 Social Media Awards by emailing your club name and contact details to: info@hsma.biz

Darts ace Bobby George puts on a dazzling show at Biggin Hill Sports & Social Club special event

Biggin Hill Sports and Social Club in Kent received a visit from darts legend Bobby 'Dazzler' George at the end of January for a special event.

George remains one of the most recognisable darts players of all time and won several top darts tournaments during his heyday in the 1980s and 1990s, including appearances in two BDO Darts World Championship finals.

With his usual theme song of Queen's 'We Are The Champions' blasting out of the speakers, George walked out resplendent in his trademark gold cape and jewellery to an enthusiastic response from his audience.

George made his way around the club, shaking hands and chatting briefly on his way to the stage where he went head-to-head against 14 local darts players.

"The club was heaving, toasty and warm inside with pints being sipped, great darts and a great atmosphere which included a very funny compere, who ripped into the players just before they threw against the legend," said club player Steve Kirk.

"At the interval, everyone in the club could throw questions at him ranging from his days of playing against legends like Eric Bristow and Jocky Wilson, to his new show on the BBC called The Real Marigold Hotel.



Bobby George and fan at Biggin Hill Sports and Social Club

"Bobby said it is the most watched BBC programme in Europe, so a great new career for the darts legend in TV awaits.

"As the evening went on, photographs were signed and he left swiftly wearing his gold cape looking a bit like a Bling Batman, leaving us all wanting more."

Steve added: "A truly great night, the spectacular event was organised by Russell Cummings, part of the Biggin Hill Club Committee, and a true darts fanatic.

"It was a truly memorable evening, and lit Biggin Hill up on a freezing January night."

NEWS IN BRIEF

New defibrillator installed at Milnrow Work Mens Club in Rochdale

A new defibrillator has been installed outside Milnrow Work Mens Club in Rochdale. Milnrow and Newhey Councillors officially launched the new equipment at a ceremony held at the end of 2016.

A campaign was launched after a customer at the club died of a heart attack. After being contacted by residents and customers at the club, Councillor Andy Kelly swung into action, liaising with the Council and the North West Ambulance Service to install defibrillators at the club as well as at a local pub.

Andy said: "Defibrillators save lives - up and down the country there are stories about how these 'miracle' machines have pulled people back from the brink. We'll never know if it would have saved the customer's life. It could have made a difference and that is good enough for me.

"I'd like to thank Lisa Kimpton from the Council and Rod Cape from the North West Ambulance Service who have been brilliant and all the residents who supported our charity quiz."

Former Man United and Aston Villa manager and TV pundit Ron Atkinson is on excellent form at Tindale Crescent Workmen's Club Sportsmen's Evening

'Big' Ron Atkinson was the guest of honour at a Sportsmen's Evening held at Tindale Crescent Workmen's Club in Bishop Auckland in February.

Atkinson is one of the most highly decorated managers in the English game and during his long and distinguished career managed Manchester United, Atletico Madrid, Aston Villa, West Bromwich and Sheffield Wednesday.

Also appearing at the dinner - organised to raise funds for St Mary's Boys Club - was former Wolves and Manchester City player Steve Daley who made 212 appearances in the Wolverhampton jersey and also enjoyed stints in US football in the 1980s.

The pair regaled the packed audience with tales of their respective careers and also answered questions from the floor.



Legendary football manager Ron Atkinson shared memories and took questions from the floor at Tindale Crescent Workmen's Club

Places are still available for CIU Education Residential Weekend taking place in March

There are still places available for the Club Law & Club Finance Residential Weekend taking at the Royal Court Hotel in Coventry from Thursday March 16 to Sunday March 19.

A charge of £75 (VAT inclusive) will be made for the course but applicants will need to meet the costs of travel to the venue.

The course cost covers full board, lectures on Club Law and Club Finance and includes student's folder, pad and literature.

For further information on the course, contact Cath Fitzpatrick at Head Office - Tel: (020) 7226 0221; Fax: (020) 7354 1847; email: cfitzpatrick@wmciu.org



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CHEPSTOW	Thursday 23 March	£13	Winter Afternoon Jumps Racing
CHEPSTOW	Saturday 8 April	£13	Grand National Race Day
HAYDOCK PARK	Saturday 15 April	£11	Afternoon Jump Racing
CHEPSTOW	Monday 17 April	£13	Big Easter Family Fun Day
THIRSK	Saturday 22 April	£10	Opening Meet
CHEPSTOW	Friday 28 April	£13	Spring Evening Jumps Racing
HAYDOCK PARK	Saturday 29 April	£11	TENsational Opener
THIRSK	Sunday 30 April	£10	'Discover Racing' Family Day
THIRSK	Saturday 6 May	£10	Thirsk Hunt Cup Meeting
THIRSK	Saturday 13 May	£10	Meeting in support of the ABF Soldiers' Charity
THIRSK	Saturday 20 May	£10	Irish Day
HAYDOCK PARK	Saturday 27 May	£12.50	TENsational Saturday
THIRSK	Monday 5 June	£10	Afternoon Racing
HAYDOCK PARK	Saturday 10 June	£12.50	TENsational Saturday
THIRSK	Tuesday 20 June	£10	Afternoon Racing
THIRSK	Wednesday 5 July	£10	Wimbledon Wednesday
THIRSK	Tuesday 18 July	£10	Pennine Brewery Beer Festival Evening
THIRSK	Friday 28 July	£10	Go Racing in Yorkshire Summer Festival

Please send completed form and cheque two weeks before the race meeting for which you are applying

CIU Racing Club Booking Form

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 Frenchgate Shopping Mall, Doncaster
 Tel: 01302 326313
 Doncaster Branch

Main picture: The Trades Club, Doncaster sits in the middle of the Frenchgate Shopping Mall. Inset: In addition to two meeting rooms and a Conference Centre, the club has three bars, a Concert Room, Lounge and Games Room

THE TRADES CLUB, DONCASTER

The Trades Club, Doncaster has been in its modern, four-storey, state-of-the-art building in the middle of the Frenchgate Shopping Mall since 2008 and continues to go from strength to strength

The Trades Club, Doncaster is in a very happy position. Literally. Since 2008, the club has been enjoying the luxury of a purpose-built clubhouse set in the city's Frenchgate Centre.

Of course, the club has deep roots within the area, having previously occupied the land on which the Frenchgate Centre was built as part of a major regeneration of Doncaster.

The club worked closely with the local council in order to safeguard its future and now enjoys an extremely high profile in the city. The location within the lively shopping centre means high visibility and good footfall, with members able to drop in after a scurry around the shops.

Boasting state-of-the-art facilities – including free Wi-Fi throughout the venue – the club throws its net out wide, a home-from-home for its 1,835 members as well as a venue for businesses wanting to use their two meeting rooms and large Conference Room.

The latter can accommodate up to 200 for conference events or 130 people when being

used for sit-down functions.

“The conference side of the business is growing,” says Club Secretary Paul Gordon, with ASLEF and the RMT just a couple of big names who've made use of the prestigious club.

Alongside the meeting rooms, food and beverage sales are up, with menus for delegates starting at £3.45 to £6 per head (plus VAT), ranging from sandwiches and quiche to samosas, chicken satay and fresh fruit. On a weekly basis, members can enjoy food on Tuesdays, Fridays and Saturdays.

Alongside the meeting rooms, the club has three bars, a Concert Room, Lounge and Games Room, all looked after by 30-35 paid staff.

Functions, parties and events are a big focus at The Trades, with everything from 50s bands to country and western turns (which was in full flow when *Club Journal* arrived; the room was packed).

Having live entertainment on Tuesdays as well as the more traditional Fridays and Saturdays has seen the club doing brisk trade on a day which was traditionally quiet.

The club is generally open from 11am to

11pm seven days a weeks (opening at midday on Sundays and closing at 11.30pm on Saturday nights).

Live sport is a also big pull for the clubs – as Paul explains: “We've got both BT Sport and Sky Sports – rugby and football are most popular with our members.

“We're also running a virtual racing day to coincide with the Cheltenham Festival in March in conjunction with John Smith's, who are also hosting a trade show here.”

John Smith's is the best selling beer at the bar, with Foster's, Bulmers and Carling playing their part in the mix.

Famous Grouse, Bell's, Smirnoff, Gordon's and Martell top the tree in the spirits category with cocktails and shots faring well on party nights.

The CIU has its regional branch within the club's complex and provides a valued source of information with thank yous going in particular to NEC member Dave Gravel.

Membership is £3 per year and the club advertises regularly in the local paper. Facebook and word of mouth also help keep the club front of mind.

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ANY QUESTIONS?



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Q Our club wants to make sure we don't get left behind technology-wise so do you have any tips on getting our online presence up and running?

In the first of two parts running this month and next issue, Steve Bridger of Galatai Ltd, which runs the CIU official website, www.wmciu.org, responds:

After writing my last article on February 2015 the website arena has changed dramatically, so much so that the CIU site is now under reconstruction to accommodate these changes.

In the last two years, mobile use has grown dramatically (up from 8% to 25% on the CIU site and growing). Look down the streets and all you see are people on their phones looking up anything and everything while connected to the local network.

It is more important than ever then to have an online presence to show what your club has to offer its customers and users while not forgetting that your site must be mobile friendly.

There is nothing worse than going to a site that only has a desktop site - you lose your

audience immediately.

More clubs now have websites but some of them are not kept up to date with what is happening within the club. A site is not just put up and forgotten about so make it dynamic by including a live feed from Facebook.

One area that is easy to use and free is advertising via email. Do you gather email addresses from members when their membership renewal comes up? This is an opportunity not to be missed as an email campaign can be created and sent out within a few minutes to all the members.

Remember though, with subscribed emails it is law that you must have a link for people to unsubscribe! This contact address must be monitored or you could have disgruntled customers receiving unwanted emails and your messages landing up in the spam folder. All this can be automated through software available for free.

Have you a Facebook page for your club? Does your club use Twitter? These are all areas that should be investigated to promote your own and community events, whether it be charity events or entertainment within the club. These must be reviewed regularly to make sure that negative feedback is not

being put out there with personal and sometimes illegal wording while the language used is user friendly.

Your club committee must be aware of what is happening in the local area and how to use their websites or other forms of communication to reach their targeted audience.

There should be at least two people in the club or on the committee that are able to update the website, Facebook or Twitter accounts on a regular basis.

A site with static content and not updated is a waste of money. Discuss the content of the site at meetings, what should go on and what should be taken off so being proactive and not reactive to situations. Good exciting content is key to keeping people interested and to come back to see what is happening at your club or venue.

I'll be giving you further tips on boosting your online presence in the next issue.

Galatai, in conjunction with the CIU, are offering a special price to clubs to design their site with bespoke hosting packages from £3.50 per month (inclusive, via standing order). Contact us on sb@galatai.com for further information.

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was we saved
money”

Peter Crockett Club Secretary of Chillington Sports & Social Club.

Aon can arrange insurance for social clubs, with cover for your legal liabilities such as public and employer's liability included as standard.

You will be able to build your club insurance to fit your requirements, by adding further options on, such as property or business interruption.

The price will be based on your club's own circumstances and requirements, so give us a call to arrange a face to face visit.

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NEWS IN BRIEF

Contracts and Handbook still available from Branch Offices

The CIU Contracts and Handbook are currently being updated and reprinted for 2017.

They are available to buy from your local Branch. The documents available are:

- Club Staff Handbook
- Club Steward Contract
- Bar Manager Contract
- Bar/Cleaning Staff Contract
- Bar/Cleaning Staff Terms and Conditions of Employment
- Bar/Cleaning Temporary Staff Terms and Conditions of Employment
- Club Staff Accommodation Contract

The club documents are priced as follows: £5 for each Handbook; £2.50 for each Contract (except the Club Staff Accommodation Contract which is priced at £1.30 as a special limited edition) and £1.50 for each Terms and Conditions document.

These documents – available from your branch – take in all the current legislative requirements and have been produced to a high, professional standard.

Please note that orders may be subject to a slight delay as the new documents are produced.

National Executive Committee Dates for 2017

The remaining dates for the meetings of the National Executive Committee in 2017 are as follows:

April (Blackpool) - 5th/6th/7th/8th
 May - 3rd/4th
 June - 7th/8th
 July - 5th/6th
 August - 2nd/3rd
 September - 6th/7th
 October - 4th/5th
 November - 1st/2nd
 December - 6th/7th

The Norbreck Castle Hotel, Blackpool



Blackpool beckons for CIU delegates

The Union's Conference Weekend takes place next month in Blackpool and Head Office has negotiated a special room rate for those wishing to stay at the Norbreck Castle Hotel

Blackpool 2017 is just over a month away as delegates from all over the country prepare to take part in the Union's Annual Meeting.

A huge amount of work has gone into providing a number of activities around Conference Weekend to make it a really worthwhile experience for delegates.

The 26th CIU Beer & Trades Exhibition will be staged on the afternoon of Friday, April 7 in the Norcalympia Room of the Norbreck Castle Hotel.

There will be all manner of clubs suppliers on hand to talk to throughout the day, including many of the CIU's Preferred Suppliers such as Heineken UK, Dransfields and Aon Insurance.

The CIU will also, of course, have its own stand at the shows where you can have a chat with the team about the services on offer from Head Office.

It's a very informal occasion with the chance to take part in prize draws, bingo sessions and other activities – last year saw delegates enjoy a live question and answer session with Nottingham Forest and England legend Trevor Francis – as well as sample the latest Heineken products.

The Annual Meeting takes place on Saturday, April 8 in the Ballroom of the Norbreck Castle Hotel and gets underway with a traditional welcome from The Worshipful the Mayor of Blackpool, Councillor Kath Rowson.

Conference Weekend is rounded off by the Dransfields CIU National Quiz Final on

the Saturday afternoon. An open invitation to this event is issued to all CIU members and you can even enter your own team to take part in the quiz just for fun.

For those CIU members wishing to stay at the Conference venue, the Union has negotiated a special delegate rate with the Norbreck Castle Hotel.

The CIU has 20 double seaview rooms, 20 double standard rooms, 20 twin sea view rooms, 20 twin standard rooms and 20 single rooms on hold.

The rate is £42.50 per person per night with dinner and B&B, based on two sharing a twin/double or £35 per person per night B&B, based on two sharing a twin/double.

There is a £15 per night addition in the case of sole occupancy and the deal is for minimum of two nights.

If you would like to take advantage of this offer, please book direct with the Norbreck Castle Hotel on 01253 352341, quoting the code: 'WMCI 17'.

BLACKPOOL 2017 SCHEDULE

Friday, April 7, 1pm
 26th CIU Beer & Trades Exhibition

Saturday, April 8, 10am
 Annual Meeting

Saturday, April 8, 1pm
 Dransfields CIU National Quiz Final

Final few places left for Law and Finance Residential Weekend in Coventry this month

There are still places available for the for the Union’s Club Law & Club Finance Weekend, which will be held in Coventry this month and costs £75 per student. Applications are also being taken for the Club Management Diploma Exams taking place in May 2016

There are still some last-minute places available for the Club Law & Club Finance Residential Weekend taking place later this month.

Being held at the Royal Court Hotel in Coventry from Thursday March 16 to Sunday March 19, the course will be excellent preparation for those taking the Club Management Diploma (CMD) Exams in May.

The weekend aims to give attendees the opportunity to learn about running their clubs more efficiently and effectively as well as getting them up to speed on the latest legislation, including such crucial topics as financial control, employment law, health and safety, club rules, food hygiene regulations, insurance and suspensions and expulsions.

A charge of £75 (VAT inclusive) will be made for the course but applicants will need to meet the costs of travel to the venue.

The course cost covers full board, lectures on Club Law and Club Finance and includes

students folder, pad and the required course literature.

Applicants must be a financial member of their club and hold the Union Associate and Pass Cards.

For further information on the course, contact Cath Fitzpatrick at Head Office – Tel: (020) 7226 0221; Fax: (020) 7354 1847; email: cfitzpatrick@wmciu.org

Meanwhile, applications are also open for the two CMD Exams which are being held in May.

The exams are about instilling confidence and helping students highlight their strengths in areas of Club Law and Accountancy.

The Club Law exam will take place on Saturday May 6, 2017 and the Club Accountancy exam will be held on Saturday May 13, 2017.

If you pass both examinations and obtain first place in both sections you will be presented with your diploma at the Union’s



Annual Conference in Blackpool.

The cost for taking the exams is a refundable deposit of £10 per section (£20 for both sections).

The closing date for applications is **MONDAY MARCH 6** so please don’t delay if you want to take the examinations.

Further information, examination forms and past papers are available from Cath Fitzpatrick in the Leisure Department (see contact details above) or visit:

www.wmciu.org.uk.

Latest APPG to take place on Tuesday, March 21 at Parliament



The next meeting of the All-Party Parliamentary Group for Non-Profit Making Members’ Clubs will meet at the House of Commons on Tuesday, March 21 at 11.30am.

Officials from the CIU will attend along with representatives of other Members’ Club organisations in order to share information with Members of Parliament and Members of the House of Lords about the current legislation affecting clubs.

The CIU is also a leading voice within the Committee of Registered Clubs’ Association (CORCA) which also represents the views of members’ clubs.

Last year saw Union President George Dawson CMD giving evidence to a House of Lords Select Committee examining the Licensing Act 2003.

The Committee will be publishing its report later this year.

Expanded online version of *Club Journal* available at website

As part of the Union’s continuing commitment to offer more to its members, each month we will be publishing an online expanded version of the *Club Journal* which will be available to download from the CIU’s official website.

Published a week after the paper version of the magazine has been delivered, the online version will have an expanded features section with more content designed to give you the information you need to continue to make your club a success.

To visit the Union’s official website and download the expanded online version of *Club Journal*, visit: www.wmciu.org.uk



Service Award Application Reminder

Please remember to allow sufficient time when applying for your Service Award Certificates as all applications are approved initially by your local Branch Office then approved at the monthly NEC meeting in London. All certificates take around six to eight weeks to be approved, engraved and signed*





Insurance for CIU clubs
...don't just take our word for it.

“The cherry on the cake was we saved money”

Peter Crockett Club Secretary of Chillington Sports & Social Club.

Aon can arrange insurance for social clubs, with cover for your legal liabilities such as public and employer's liability included as standard.

You will be able to build your club insurance to fit your requirements, by adding further options on, such as property or business interruption.

The price will be based on your club's own circumstances and requirements, so give us a call to arrange a face to face visit.

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Do you have old inefficient strip or spot lighting?

These cost you thousands each year when lighting your club rooms, let us help?

Do your rooms have old air-con units over 8 years old?

These are very costly to run on the R22 gases that if leak can no longer be serviced?

Are you still line cleaning on a weekly basis?

Are you losing hundreds of pounds each month when this can simply be avoided?

Is any of your refrigeration equipment breaking down on a regular basis?

Would you like advice on how to get them serviced at a very competitive rate?

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FREE PHONE 0800 0730041
or Email info@smartenergyprojects.co.uk





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33-38 King Street, Blackpool FY1 3EJ.
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Good all-round entertainment.
Bookings for coach parties accepted.
Room available for hire.

Sec: Mr D Saint or Treasurer Mrs G Cornwall
Club: (01253) 626 308; Office: (01253) 290 322
www.blackpoolrbl.co.uk
email: blackpoolbritishlegion@gmail.com

You've been to the rest – now visit the best!

Voted the best club in the North West on TV's "The One Show".

BLOOMFIELD CLUB & INSTITUTE

128 Bloomfield Road, Blackpool FY1 6JW

Free entertainment seven nights a week along with your favourite games
• Bingo • Tote • Supa5

The club is on one level with disabled toilet facilities.

Coach parties and football fans welcome.

Contact Secretary on (01253) 344583

KNOTT END WORKING MEN'S CLUB

Offers a great welcome to CIU members and parties. Why not try

- a visit to the seaside • a ferry ride to Fleetwood
- a bowling green competition

or just our good food and entertainment.

SALISBURY AVENUE, KNOTT END-ON-SEA, LANCS.

Bar telephone (01253) 810362

Telephone Secretary Mrs Karen Bradford in the office for dates and details – (01253) 812226

ROSEGROVE UNITY Working Men's Club

Holme Lodge, Rossendale Road, Burnley, Lancs, BB11 5DL.

Situated 2 minutes from Junction 9 on M65.

Large car parking space available.

Entertainment Friday, Saturday and Sunday.

Bookings must give 14 days' notice.

contact Secretary on 01282 431 363 or

e-mail rosegrove20@gmail.com

GOING TO THE RACES?

Why not try

BURNLEY MINERS WMSC

As seen on TV

2 minutes from the Town Centre and Turf Moor.

Entertainment Friday, Saturday and Sunday.

Coach parties by appointment.

Breakfast and/or evening meal.

Tel: Bar (01282) 422 791 or

Office (01282) 835 429

BRIGHTON & SUSSEX

EASTBOURNE & DISTRICT TRADE UNION CLUB & INSTITUTE LTD

Clapham House, 48 Seaside, Eastbourne, East Sussex BN22 7QL.

A warm welcome is guaranteed to all CIU associates and guests. A good selection of reasonably priced beers and spirits available. Temporary membership can be arranged at the door for all holiday makers. Large groups or coach parties are welcome with prior arrangements. Situated 5 minutes walk from the beach.

Please contact secretary on (01323) 365738.

EASTBOURNE WORKING MEN'S CLUB

102/104 Firie Road, Eastbourne BN22 8ET.

Tel: (01323) 723322

Email: ewmctd@gmail.com

www.ewmc.club

Visit the one and only workers' club in our lovely South Coast town. We have live music, raffles, bingo, darts, snooker and pool. See our website for coming events. A warm welcome to CIU members all year round.

Littlehampton Trades & Labour Club

Wick Street, Wick, Littlehampton

BN17 7JH. Telephone (01903) 714 054

A warm welcome awaits all visitors. Facilities include darts, crib and Sky TV. Catering for private parties can be arranged (14 days' notice please). Live entertainment every Saturday. Coach parties welcome with prior notice, please contact the Secretary.

ESSEX & EAST ANGLIA

COMRADES SPORTS & SOCIAL CLUB, CLACTON

A warm welcome awaits at both our premises. 205 Old Road, a short walk from seafront, has live entertainment Saturday evenings, disco Sunday afternoons, back garden and car park. 9 Colne Road is one minute from sea front. Live entertainment Tuesday, Thursday, Saturday afternoons and Saturday evenings. Pool, darts, raffles and bingo at both. Coach parties welcome by ringing the Secretary in advance on (01255) 423 314.

HUNSTANTON (NORFOLK) UNITED SERVICES SOCIAL CLUB

A warm welcome to all visitors. Large enclosed garden and car park with sea views. Three snooker tables, also pool table and darts. Bingo Mondays and Thursdays and one game Saturday evening. Live weekend entertainment. Catering arranged on request. Disabled friendly. Close to Sandringham Royal Estate, Coaches welcome midweek.

Contact Club Steward on (01485) 533360.

SHERINGHAM TYNESIDE CLUB

95 Station Road, Sheringham NR26 8RG

Safe beer garden and parking. Great home-made food at great prices seven days a week. Coaches welcome, contact the Secretary in advance on (01263) 822570

Naval & Military Club (Southend-on-Sea)

20 Royal Terrace, Southend SS1 1DU.

Tel: (01702) 347169

A warm and friendly welcome awaits you. Large rear garden and roof terrace with fantastic views overlooking the seafront and estuary. Live entertainment Saturday nights and Wednesday afternoons. Hot and Cold Food available every day of the week. Local Real Ale Club of the Year. Coach parties welcome but must contact the Secretary/Chairman prior to the visit.

FELIXSTOWE TRADES & LABOUR CLUB

182 High Road West, Felixstowe IP11 9BB

Offers a warm welcome to all visitors. We are open 7 days a week from midday offering a good selection of beers. Entertainment every Saturday night.

Visit our website for more info:

www.ftalc.co.uk

WALTON-ON-NAZE RBL CLUB

Vicarage Lane (off High Street)

Visiting the seaside?

Our newly refurbished and refitted club extends a warm welcome and friendly atmosphere. Two minutes from beach front. Good range of drinks and bar snacks available

New memberships available.
CIU and RBL affiliated coach parties welcome!
Free finger buffet for 49-seater coach visit!
Upgraded buffet at a discount.
Contact Secretary on (01255) 674153

HAMPSHIRE & ISLE OF WIGHT

Leigh Park and District TUWMC

439 Dunsbury Way, Havant PO9 5BD

The largest club on the South Coast

Situated 2 miles from A3(M) and A27 and within 20 minutes' drive of Goodwood and Fontwell Races.

Visiting clubs welcome.

Live bands on Saturday nights and food, darts, snooker and pool available all week.

Please contact the Secretary on

(023) 92472624

email: workingmens.ins@btconnect.com

website: www.workingmensclubleighpark.co.uk.

Newport (I.W.) Social Club

13-14 Lower St James Street, Newport,

Isle of Wight PO30 5HB. Tel: (01983) 527 291

Situated in the centre of town, with a warm friendly atmosphere where you can bring family and friends. Open all day, function room, snooker room, darts, pool and jukebox. Kitchen now open 7 days a week for hot and cold food. Coach parties always welcome by prior arrangement.

COWES COMBINED SERVICES & SOCIAL CLUB

85 High Street, Cowes, Isle of Wight PO31 7AJ.

A warm and friendly welcome is

extended to all visitors.

Situated on the sea front with panoramic sea views from the stage dining area, the club has one of the best views in the country. Ideal for parties and outings.

Freshly prepared meals available 7 days a week.

Disabled facilities. Coach parties very welcome,

please notify Secretary or bar manager

in advance. Entertainment Friday

and Saturday evenings.

Tel: (01983) 716482

email: cowescsc@onwight.net

HEREFORD & WORCESTERSHIRE

Hereford Welsh Social Club

1 Hinton Road, Hereford, HR2 6BL.

Tel: (01432) 269038/265874

Email: herefordwelshsocialclub@hotmail.co.uk

A friendly welcome is extended to all Associate Members. Live Entertainment every Saturday evening.

Hot and cold food available.

Coaches welcome (please contact Secretary

prior to your visit).

Please visit our website:

www.herefordwelshsocialclub.co.uk

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Live entertainment every Saturday. Monthly

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Shoppers and coach parties very welcome.

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Contact Secretary,

Les Walker on (01432) 356 529.

email:richmondclubsecretary@btconnect.com

KENT

BEXLEYHEATH WMC

Royal Oak Road, Bexleyheath. DA6 7HG

Telephone (0208) 303 2163

Friendly atmosphere, comfortable surroundings and an excellent range of beers to quench your thirst. Everything you require on your visit to Bluewater and Lakeside shopping centres. Refreshments available. (Please give advance notice).

SUNDRIDGE PARK WMC

134 BURNT ASH LANE, BROMLEY.

Tel: (020) 8464 3638 (Office); (020) 8460 6348 (Club)

Located close to A21 and A20. A warm welcome is extended to all visitors. Two bars serving a wide range of drinks. TV in bar and the lounge. Purpose-built snooker room with four tables. Live entertainment Saturday and Sunday evenings. Coach parties by prior arrangement with the office.

LEEDS & WEST YORKSHIRE

Belle Isle WMC

Belle Isle Road, Leeds LS10 3PE.

Warm and friendly club with large car park, good value beer and large concert room. Live bands Friday, Saturday and Sunday. Coaches welcome.

Contact Secretary on (0113) 2718 768.

Visiting Blackpool or Yorkshire Coast? Haydock Park or York Races?

Then call at: Eland Working Men's Club

Roseberry Street, Eland, West Yorkshire HX5 0HT

For your breakfast on the outward journey. And for an evening's splendid entertainment on your way home. We are only 2 miles from Junction 24, M62 on the A629. A warm welcome extended to all Associate Members. Live entertainment on Saturday nights. Dancing on Thursdays to our resident organist. Fully modernised Concert Room and Lounge. Excellent Games Room. Floodlit Bowling Green. Large Car Park. Sky Sports. BT Sports and free WI Fl are available. Coach Parties welcome – please let us have 14 days' notice in writing to the Secretary Steve Graydon. Tel: Club (01422) 373 023. www.elandwmc.web.com.

Telephone pre-bookings to be confirmed in writing to the Secretary.

SWARCLIFFE WORKING MEN'S CLUB

Swarcliffe Avenue, Leeds LS14 5DE

A warm and friendly welcome always assured in the comfortable surroundings of our recently refurbished club. Live entertainment every Friday, Saturday and Sunday evening. Relax in the quiet of the lounge or try a game of snooker on one of our three superb tables.

Big screen Sky Sports TV.

Planning a day at the races?

York, Wetherby, Ripon.

We are 2 minutes from the A64 and 5 minutes from the M1. Breakfast and evening meals for large parties available by appointment.

Contact: Glen Doyle (Secretary) – (0113) 2959100

LEICESTER & EAST MIDLANDS

Nottingham Oddfellows Club

89 Humberstone GATE, Leicester.

TELEPHONE: (0116) 262 0181

262 5404 (Evenings) – CIU Affiliated

City Centre Club. Coach park right outside premises 2 minutes from centre of Leicester. Coach parties and parties always welcome. Food supplied hot or cold – 7 days' notice or please phone prior to visit. Children welcome. Dances Monday, Tuesday and Friday. Entertainment available.

Phone or write to Secretary Eric Johnson

SKEGNESS EX-SERVICE CLUB

2 Grand Parade, Skegness, PE25 2UN.
Telephone: (01754) 762113

Located on the seafront near the clocktower, 2-3 mins from town centre. Lounge bar, pool/children's room, 1st floor patio area. Reasonably priced beers/lagers and house doubles. Selection of chilled baps. Live entertainment every Saturday (Sundays main season). Sky and BT Sport shown. Open 11.30- 11.30 most days. Pre-booked coaches welcome - come to a completely refurbished 21st century club.

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10 mins' walk from Fulham FC and less than 25 mins by local transport to Chelsea and QPR. A warm and friendly welcome to away fans looking for good hospitality and a relaxing drink. Also 20 mins to Westfield, Europe's largest shopping centre and 30 mins to West End theatres.

Contact Thomas on 07798 735267 or visit www.hammersmithclub.co.uk

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Extends a warm welcome to all Associate members and guests.

Situated 10 minutes from the A40 and 20 minutes from Wembley Stadium. Coach parties welcome with prior notification to Bruce or Elaine on

0208 422 1222

For entertainment details check our website. www.harrow-club.co.uk

HAYES WMC

Pump Lane, Hayes, Middlesex UB3 3NB.

Telephone: (020) 8573 1721

e-mail: bobdaybell@aol.com

Why not visit the flagship of clubs in the South? Ascot, Kempton Park & Sandown racecourses all nearby. Live bands every Friday and Saturday night. Late night cabaret last Saturday of every month, at least 3 acts, charge for entry, late bar.

Catering available weekends, orders taken in advance to your requirements.

Visit our website:

www.hayesworkingmensclub.com

for our full entertainment programme.

Coaches welcome by prior arrangement with the secretary.

WILLESDEN WORKING MENS CLUB

202 Villiers Road, London NW2 5PU

Email: wwmc1@hotmail.co.uk

Tel: 020 8459 5846

A warm and friendly atmosphere, situated within 2 minute walk from Dollis Hill Station, NW2. 2 stops to Wembley Stadium/Arena. 20 minutes to Central London. Coach parties welcome by prior appointment.

Visiting London? Going Shopping?

Stop off at the

The Wood Green Social Club

3 Stuarts Crescent, Wood Green London N22 5NJ

Tel: 0208 8889917

Email: woodgreensocialclub@tiscali.co.uk

Where? Not far from Brent Cross shopping centre.

On the way through to Lakeside and Blue Water.

We offer good food and a warm welcome.

NORTHAMPTONSHIRE & CAMBRIDGESHIRE

St James Working Mens Club

Weedon Road, St James, Northampton.

A warm welcome awaits all club members. Lounge, Games Room and large Concert Room. Parties welcome, catering if required by prior arrangement.

5 minutes M1, Junction 15A.

Please contact Secretary

Mrs P. Webster.

Tel: (01604) 456 602

SHEFFIELD & SOUTH YORKSHIRE

ARMTHORPE CORONATION CLUB

Tranmoor Lane, Armthorpe,

Doncaster DN3 3BS.

Handy for racecourse and Doncaster Rovers.

Close to M18. Big screen TV, entertainment every weekend.

Ring Club Secretary Alan Jones on

(01302) 831 393.

Arundel Ex-Servicemen's Club

City Road, Sheffield

A friendly Club close to Town Centre

Facilities include:

a 500 seat Concert Room, two other lounges and a Games Room. Great Cabaret every night except Tuesday and Wednesday.

Coach parties please contact

Mr B. Simmonite.

Children allowed up to 10 years

Catering for Buffet if required.

Telephone: (0114) 239 7151

BARNBY DUN SOCIAL CLUB

High Street, Barnby Dun, Doncaster DN3 1DS

A warm and friendly welcome awaits you.

The club is just off the High Street and so close for the football and racing.

There is a busy entertainment programme, the chance to hire/use the function room as well as reasonable prices.

Please call Steve Fearon

01302 882936

to book your visit in.

CARGROFT VILLAGE WMC

Chestnut Avenue Cargroft,

Doncaster DN6 8AG

Extends a warm welcome to all CIU affiliated members.

Coach Parties welcomed by prior arrangement.

1 mile from A1 and close to M1, M18 and M62.

Top class entertainment every weekend.

Handy for Doncaster Races and trips returning from

North or South coastal routes.

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All enquiries to

Jim Hutchinson, Secretary on

(01302) 725497;

email: secretary@cargroftvillagewmc.com

website: www.cargroftvillagewmc.com

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in advance on:

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or email intakesocialclub@yahoo.co.uk

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Telephone: (01372) 467 758

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A warm welcome is extended to all associate members.

THAMES VALLEY

Banbury Trades & Labour Club

32 West Bar Street, Banbury, Oxon OX16 9RR.

Tel: (01295) 254 168.

A warm welcome is extended to all Associates.

Coach parties welcome with 14 days prior notice to Secretary Joan Conley.

Live entertainment on

Saturday night. Food available. Please contact

Secretary with your booking.

WALES

CARDIFF WEST END SOCIAL CLUB

COWBRIDGE ROAD WEST, ELY, CARDIFF CF5 5BY.

A very friendly welcome to CIU Associates and their families from CARDIFF'S PREMIER SOCIAL CLUB.

10 minutes from M4. 15 minutes to city centre.

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Bettws Social Club

Lambourne Way, Bettws, Newport, Gwent.

A warm friendly welcome assured to all CIU

affiliated members and guests.

Less than 10 minutes from junction 26 of the M4.

Coach parties welcome by prior appointment.

Live entertainment every Saturday evening.

Catering can be provided by arrangement.

Tel: (01633) 858 780.

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11 Slate Street, Swansea SA6 8AA.

A friendly club which makes visitors welcome.

Liberty Stadium 15 minutes, Ffos Las 45 minutes,

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Coach parties welcome with advance notice.

Ring (01792) 771580

Rogerstone and Bassaleg Social Club

1 Tregwilym Road, Rogerstone, Newport NP10 9DW.

A warm friendly welcome assured to all CIU

affiliates and guests, less than 10 minutes from

junction 27 of the M4.

Coach parties welcome by

prior appointment, live entertainment every

Saturday evening.

Telephone: (01633) 893 508.

WARWICKSHIRE & COVENTRY

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Contact Secretary for bookings

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Robin Hood Road, Coventry CV3 3BB.

Secretary: (024) 7630 1222 or 7630 3278.

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Entertainment every Saturday and Sunday night in

concert room (seats 600).

Bar, games room and luxury lounge facilities.

Large car park. Hot and cold snacks available.

10 minutes from City Centre.

No Children Allowed.

Coach parties apply to Secretary.

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HEN LANE SOCIAL CLUB

Beacon Road, Holbrooks, Coventry CV6 4DS.

5 minutes from M6 Junction 3, 10 minutes' walk

from Ricoh Arena, minibus from

club on match days. Excellent function room and

facilities. Hot and cold snacks available at all times.

Prior notice required for coach parties and

catering (menu sent on request).

Please contact the Secretary.

Tel: (024) 7672 4830;

Office: (024) 7672 4832.

WEST COUNTRY

THE ANZAC CLUB

Anzac Street, Dartmouth, Devon TQ6 9DJ

(01803) 832661

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members and guests. Coach parties welcome, please

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WESTON-SUPER-MARE BORO SOCIAL CLUB

Weston super Mare Boro Social Club
2 Locking Road, Weston super Mare BS23 3DF
2 minutes from railway station and 5 minutes from the town centre Club is situated in the main coach park.
A warm welcome is guaranteed to CIU members and guests. Usual cheap social club prices. Coach parties by prior arrangement please. Entertainment and bingo every Tuesday from 2 pm. Please contact the Bar Manager on
01934 622940
or email joyceandpete1@outlook.com.

WEST MIDLANDS & BIRMINGHAM

REMEMBRANCE CLUB LTD

10 CHESTER ROAD, CASTLE BROMWICH, BIRMINGHAM B36 9DD
Extends a warm welcome to all Associate Members. Live entertainment every Saturday and Sunday evening. Line Dancing Mondays. Ballroom Dancing Tuesdays. Large comfortable lounge. Games Room. Ample parking. Close to M6/M42 (nr. Spaghetti Junction). Coaches by arrangement. Contact the Secretary. (0121) 747 5256 / 747 2943

GREENLANDS SELECT SOCIAL CLUB
A lively and friendly club.

We provide live entertainment Friday and Saturday evenings, bingo Tuesday pm, Friday pm and Sunday lunchtime, large TV showing Sky and BT Sport, Play and Stay playgroup Tuesday Wednesday and Thursday am. Line dancing Tuesday 1pm - 3pm. Close to the M42 junction 2 we would welcome football supporter coaches with prior arrangement and indeed any coaches by prior arrangement with the club secretary and can provide hot and cold food if given notice.
Please call Mrs Lynn Orme, Club Secretary, on 0121 475 2553 (8.30am till 1pm NOT Thursday or Sunday.)

Yardley Wood Social Club

118 School Road, Yardley Wood, Birmingham B14 4JR.
Club Tel: (0121) 474 2026
Sec: (0121) 474 3725
Visit our brand new website:
www.yardleywoodsocialclub.com
Two large TV screens, 6 snooker tables, bingo and weekly entertainment, bowling green. Function rooms available for hire and catering. Large car park at rear of the club. Associate members welcome.

YORKS (N&E) & NORTH EAST

BEECHWOOD, EASTERSIDE & DISTRICT SOCIAL CLUB

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Going to watch Sunderland or Newcastle United?
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BELMONT CLUB & INSTITUTE

Grange Road, Carrville, Durham DH1 1AJ
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Tel: (0191) 386 1487

CENTRAL WMC

7 Beaumont Street, Darlington
Tel: (01325) 464054
Sited near town centre, five minutes from A1(M). Associate members and coach parties are welcome as are football and racing followers. Please give prior notice. Live entertainment and catering by private arrangement. Room available for birthdays, engagement parties, wakes and weddings.

CHILTON & WINDLESTONE WMC

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07789 003529
or email via our website at www.chiltonwmc.co.uk
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GRINDON BROADWAY SOCIAL CLUB C.I.U.

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NEW YORK CLUB & INSTITUTE LTD

22-26 Blossom Street, York YO24 1AJ.
Tel: (01904) 612 244
newyorkclub@btconnect.com
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OSBORNE WMC

Osborne Road, Chester-le-Street, County Durham DH3 3DS.
200 yards from the station and short walk to the Riverside Cricket Ground. Evening car and coach parking facilities.
Live entertainment every Saturday night.
A great place to call in after your day at the races. Bingo Mondays and Fridays. Just give us a ring on (0191) 388 8679.

King Street Social Club

Phoenix House, 27 King Street, North Shields NE30 1BZ.
Telephone: (0191) 2900473.
Sited on the main road from North Shields to the coast. Main bingo sessions are Tuesday and Friday evenings and Sunday morning. Top class live entertainment every weekend supported by resident band "Soul Machine". Coach parties welcome with prior notification to the Secretary David Farrell.
Telephone (0191) 2900474.

NORTHALLERTON & DISTRICT WMC

Elder Road, Northallerton, DL6 1NH.
Tel: (01609) 772390
Email: Northallertonwmc@hotmail.co.uk
Sited in the picturesque county town of North Yorkshire, with easy access to A19 and the A1, we extend a warm welcome to CIU associates. Only 15mins from Catterick, Ripon and Thirsk racecourses. Racing and football channels showing on four TVs. Live entertainment and bingo Saturdays and Sundays.

North Biddick Social Club

Bonemill Lane, Fatfield, Washington NE38 8AN.
Excellent riverside location. Five minutes from A1(M) with excellent car/coach parking facilities. Games room with 2 snooker tables and 2 pool tables. Restaurant facilities and buffets catered for. Why not call on your way to see football games or cricket games in the area? Coaches welcome by prior arrangement with Secretary Michael Normile on
(0191) 416 0148
Why not visit our website at www.northbiddickclub.co.uk

POPPLETON ROAD WMC

132 Poppleton Road, York YO26 4UP
(01904) 793398
A warm friendly welcome assured to all CIU affiliates and guests. Wide selection of beers available, ideal for the races and close to the city centre. Bingo and raffle Fridays. Live entertainment and bingo, Saturdays and Sundays.

VICTORIA SAILORS & WMC

3 Cliff Street, Bridlington YO15 2NU
Tel: 01262 605093
Warm & friendly welcome offered to all C.I.U members, affiliated members & guests. Sited town centre, 200 metres from the beach and harbour.
2 snooker tables, pool, darts, cards and dominoes. Fully functional kitchen open 7 days a week. Bingo 5 nights a week and live entertainment every Friday and Saturday. All Coach parties welcome with prior arrangements.
Contact Derek or Jacky for more information.

CATTERICK SOCIAL CLUB

SUNNYSIDE HOUSE, 20 HIGH ST CATTERICK VILLAGE NORTH YORKS DL107LJ
TEL 01748 811564
Located on the Great North Road, and ideally situated for racegoers attending Ripon, Thirsk, York, Sedgfield and Catterick. Adjacent to A1(M) North and South. Coaches welcomed with prior notification, please call the above number, evenings only. Live entertainment, large screen TVs, pool table, and all usual club facilities. CIU members, affiliates and guests assured of a warm welcome. 120 seat function room available free to club members for private parties, etc.

City of York Tramways Employees' Club and Institute

1 Mill Street (off Piccadilly), York YO1 1PY.
Entertainments Fridays, Saturdays and Sundays. Prize games. Concert room (seating 275), Games Room, Bar and live Sky Sports TV. Visiting Associates are welcome. Parties by arrangement.
Telephone: (01904) 623 953

East End WMC Darlington
6 Neasham Road, Darlington DL1 4AD

A friendly club we provide entertainment on Saturday & Sundays evenings, plus bingo & raffles also Quiz on Mondays and bingo, Wednesday bingo & raffle. Sited close to railway station. A snooker room plus pool table, BT Sport. Disabled facilities and lift to concert room. Function rooms available for most occasions. Coach trips welcome with prior notice.

Contact office on 01325 380726 or bar 01325 464652.

MEMBERS' CORNER

Informative articles which affect our life
by Dione Mobley

Many animal rights activists groups in our society today feel it is not always ethical to use animals for clinical research.

However, there is a lot of interest about a long-running trial with Macaque monkeys about how diet and calories affect us.

Researchers from the University of Wisconsin-Madison and the National Institute on Ageing have found that cutting calories by about 11 per cent for two years with a group of selected monkeys added an extra three years to their lifespan.

In terms of translating this to human lifespan, this would mean a possible extra nine years of lifespan just by eating less.

Forget the cream cakes! There is documented evidence showing if we all want to live longer, by limiting the actual amount we eat every day and paying better attention

to our daily calorie intake, many of us will not only lose weight, but could possibly extend our life.

Researching the effect of calorie intake on lifespan began in the 1980s at the National Institute on Ageing in Baltimore, USA.

The monkeys tested on the restricted calorie diet not only lived longer but showed significant signs they were in better health and had much lower rates of heart disease and cancer, along with better blood cholesterol and glucose levels.

As the research proved so successful there are hopes that by more in-depth studies into understanding the benefits of calorie restriction and how these mechanisms work in the human body, there will be a breakthrough in developing and producing the anti-ageing medicines for the future, to help improve our overall health and lead to healthier lifestyles.

Of course, there is plenty of controversy in this area of research and no doubt there will be several further experiments taking place in the future.



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ACROSS

- Blocks dirty pans? Ugh! (4-3)
- Uncoiled, curiously, into exorbitant money-lending. (5)
- Quarterstaff - non-starter for drink. (5)
- C.C.U. canopy, made specially for tenancy. (9)
- Animate, so as to dissect. (9)
- Grave kind of tear? (3)
- Make it the tenth... (5)
- Cab, at so odd an angle, as to be fiery sauce! (7)
- He's a real tough cookie - like a Brazil, maybe? (4,3)
- Fear to knock when in charge. (5)
- What Vic. did to his engine? (3)
- As minimal a change as possible - no soul thought to be. (9)

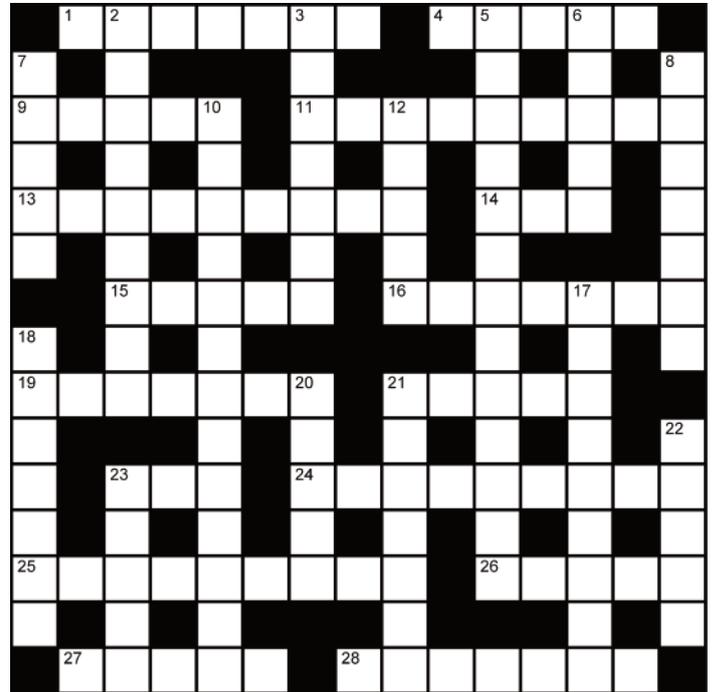
- Kid reacts badly to offshoot line. (9)
- Get in! (Somehow colour slightly). (5)
- Apology - from Professor Rycroft. (5)
- Lock opening that might not be peerless? (7)

- Buoyant maker of ex's, say? (8,5)
- Box for pec's? (5)
- Coastline eroded and divided up. (9)
- Chalk-like, with his clumsy spelling. (7)
- Odd aria, next to square headgear. (5)
- Preserve round the right spine. (7)
- Resinous, but light on the road? (5)
- Unfamiliar road I take for medium. (5)

DOWN

- Patterns of basalt are good carving material. (9)
- In peril of becoming a silhouette... (7)
- Pat a sunburned injury to be excessively plentiful (5-8)
- Vertical management before the election? (3-2)
- Squabble over the front seat. (5)
- Phony, to be like a tropical storm? (7)

Send your entry to Crossword, Club Journal, 59/60 Thames St, Windsor, Berkshire, SL4 1TX
Deadline March 25.



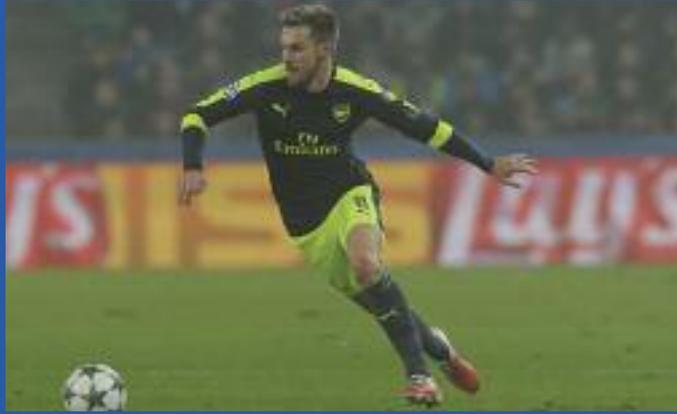
Name _____
Club _____
Address _____

CROSSWORD SOLUTION

Congratulations to the five winners of our £10 Prize Crossword for February.

- Donald Ferguson of Seghill Comrades Club & Institute Ltd
- Anne Creaser of Tickhill Institute
- Ron Milligan of Mickley Social Club
- Ken Martin of Blucher & District Social
- Stephen Barns of Hareworth Comrades WMC





Tuesday March 7, 7.45pm – BT Sport
UEFA Champions League: Arsenal v Bayern Munich
 This Last 16, 2nd Leg UEFA Champions League match will be a tough challenge for Arsenal who lost 5-1 in the 1st leg tie in Munich in mid-February. The Gunners went out at this stage in last year's competition when they were drawn with Barcelona and will need something of a miracle to reach the quarter-final stages.



Sunday March 19, 4.30pm – Sky Sports 1 HD
Barclays Premier League: Manchester City v Liverpool
 Both sides look to be out of the running for the Premier League title at this stage of the season but will be intent on finishing in the top four of the table. Liverpool have endured a pretty dreadful 2017 so far and will need to improve all over the park if they are to achieve their desired finish.

SPORTING HIGHLIGHTS

Club Journal looks ahead to some of the key sporting fixtures taking place in March, including the Last 16, 2nd leg clashes in the UEFA Champions League and Manchester City v Liverpool in the Premier League

Sunday March 5
 1.30pm
 Sky Sports 1 HD
Barclays Premier League:
Tottenham v Everton

Sunday March 5
 4pm
 Sky Sports 1 HD
Barclays Premier League:
Sunderland v Manchester City

Monday March 6
 12.30pm
 Sky Sports 1 HD
Barclays Premier League:
West Ham v Chelsea

Tuesday March 7
 7.45pm
 BT Sport HD
UEFA Champions League:
Arsenal v Bayern Munich

Wednesday March 8
 7.45pm
 BT Sport HD
UEFA Champions League:
Barcelona v Paris Saint-Germain



Leicester City v Sevilla,
 Tuesday, March 14, 7.45pm,
 BT Sport

Thursday March 9
 8pm
 Sky Sports 2 HD
Super League: Warrington Wolves v Wigan Warriors

Saturday March 11
 12.30pm
 Sky Sports 1 HD
Barclays Premier League:
Manchester City v Stoke City

Saturday March 11
 4pm
 ITV1
Six Nations Rugby: England v Scotland

Saturday March 11
 5.30pm
 Sky Sports 1 HD
Barclays Premier League:
Arsenal v Leicester City

Sunday March 12
 1.30pm
 Sky Sports 1 HD
Barclays Premier League:
Southampton v Manchester United

Sunday March 12
 4pm
 Sky Sports 1 HD
Barclays Premier League:
Liverpool v Burnley



Sunday March 26, 5pm – ITV1
World Cup 2018 Qualifier: England v Lithuania
 The road to Russia continues as England take on Lithuania at Wembley. The Three Lions met the same opponents during qualification for Euro 2016, beating them home and away by an aggregate score of 7-0, and should be looking for an equally conclusive victory at the home of English football.

Monday March 13
 8pm
 Sky Sports 1 HD
Barclays Premier League: Chelsea v Watford

Saturday March 18
 2.45pm
 ITV1
Six Nations Rugby: France v Wales

Tuesday March 14
 7.45pm
 BT Sport HD
UEFA Champions League: Leicester City v Sevilla

Saturday March 18
 5pm
 ITV1
Six Nations Rugby: Ireland v England

Wednesday March 15
 7.45pm
 BT Sport HD
UEFA Champions League: Monaco v Manchester City

Saturday March 18
 5.30pm
 BT Sport 1 HD
Barclays Premier League: AFC Bournemouth v Swansea City

Thursday March 16
 7pm
 Sky Sports 1 HD
Premier League Darts

Sunday March 19
 12 noon
 BT Sport 1 HD
Barclays Premier League: Middlesbrough v Manchester United

Friday March 17
 7.45pm
 Sky Sports 1 HD
Championship: Bristol City v Huddersfield Town

Sunday March 19
 2.15pm
 Sky Sports 1 HD
Barclays Premier League: Tottenham Hotspur v Southampton

Saturday March 18
 12.30pm
 Sky Sports 1 HD
Barclays Premier League: West Bromwich v Arsenal

Sunday March 19
 4.30pm
 Sky Sports 1 HD
Barclays Premier League: Manchester City v Liverpool

Saturday March 18
 5pm
 Sky Sports 2 HD
Super League: Catalans Dragons v St Helens

CIU Sport

DOMINOES

The Dominoes 5s and 3s semi-finals and final was held on January 28 at the Alvaston & Crewton Club between S McKnight and D Knight (Colchester Belle Vue Club); S McHarg and K Shellard (Brafield On The Green Club); C Edwards and J Sanderson (Abbey Hulton Sports Club) and J Hope and B Gabriel (Old Benwell Village Club).

The final was between C Edwards and J Sanderson and J Hope and B Gabriel.

C Edwards and J Sanderson won 3-2. The Union Representative was John Batchelor.

DARTS

The first CIU Team Darts semi-final was held on January 28 at the Wroughton Club between Broadwater WM Club and Merthyr Tydfil Labour Club.

Merthyr Tydfil won 4-3.

The Union Representative was Pete Carr.

The second semi-final was played on February 4 at Byers Green Club between Broomhill Albion Club (West Midlands Branch) and Bannockburn Miners Club (Cumbria Branch).

Broomhill Albion Club won 4-3.

The Final will be held on 22, 29 April or May 6.

Wednesday March 22
 7.45pm
 ITV1
Football - International Friendly: Germany v England

Thursday March 23
 7pm
 Sky Sports 1 HD
Premier League Darts

Friday March 24
 7.45pm
 ITV1
World Cup 2018 Qualifier: Republic of Ireland v Wales

Saturday March 25
 7pm
 Sky Sports 1 HD
Boxing: WBA Lightweight Title - Linares v Crolla

Sunday March 26
 12.30pm
 Sky Sports 1 HD
League One Football: Scunthorpe United v Bradford City

Sunday March 26
 5pm
 ITV1
World Cup 2018 Qualifier: England v Lithuania

Tuesday March 28
 7pm
 Sky Sports 1 HD
Greyhound Racing: GTA Trainers Championship

Thursday March 30
 8pm
 Sky Sports 2 HD
Super League: Salford Red Devils v St Helens

Thursday March 30
 7pm
 Sky Sports 1 HD
Premier League Darts

Friday March 31
 8pm
 Sky Sports 2 HD
Super League: Leeds Rhinos v Wigan Warriors

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